



# Childbirth Classes

## English childbirth classes:

First Saturday of every month 9:00 a.m. to 3:00 p.m.

## Spanish Speaking childbirth classes:

February 16 & 23 7:00 to 9:00 p.m.

April 20 & 27 7:00 to 9:00 p.m.

June 22 & 29 7:00 to 9:00 p.m.

Every new mom will receive a free Comfort Measure Kit, compliments of the Yakima Valley Dairy Women!

Classes held at Sunnyside Community Hospital  
For more information or to sign up call 837-1535

Teen Childbirth Classes: Please call for information

*Whatever  
you do,  
do it Well™*

**Sunnyside**  
COMMUNITY HOSPITAL