

Public Service Announcement
For Immediate Release as news or psa
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Weight Loss Group at Sunnyside Hospital

The new year is a very good time to kick some better habits into gear and take control of your weight. Toward that end Sunnyside Community Hospital is launching a monthly weight loss support group in January.

The group will have their first meeting January 20 at 4:00 p.m. The group will meet every third Thursday in the hospital classroom. There is no charge, and it is open to any person who wants to attend. (You do not have to be an employee the hospital or it's clinics.)

Organizers, Andrea Patacini and Cathy Fierro plan a monthly healthy lifestyle topic and will answer questions and meet with everyone who wants to attend.

For more information call 837-1322 or 837-1397.

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