

*News release from  
Sunnyside Community Hospital  
Family Birth Center*

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## 2011 Childbirth Education Classes Announced

Here is our 2011 schedule for Childbirth Classes at Sunnyside Community Hospital. Mom and “coach” attend one four-hour class on a Saturday morning. There is no charge for the class if the couple plan to have their baby at the Sunnyside Community Hospital Family Birth Center.

January 8  
February 13  
March 19  
April 16  
May 14  
June 11  
July 9  
August 6  
September 3  
October 1  
November 12  
December 10

Prepared childbirth classes are strongly encouraged for first time mothers. They are also open to any expectant mom who would like a “refresher”. The monthly class is held at the hospital and includes a tour of the Family Birth Center.

To register, or for more information, call (509) 837-1535, or (800) 548-7086 ext. 1535.